



16 GRIDS to ASSESS CROSS-CURRICULAR COMPETENCES



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This manual brings together the assessment grids for the 16 Cross-Curricular Competences that were identified by the consortium as the essential bases for a successful socio-professional reintegration of public with specific needs such as inmates, individuals at risk, etc.).

For the handling of this technical file, it is advisable to first read the user Manual co-produced by our consortium of partners gathered in the READY ... GO project.



SPORT ACTIVITY					
SPORT SUPERVISOR				CENTRE	
LEARNER & ID NUMBER		Registration number			
GENDER		Male		Female	
				Minor	

Possible responses to the indicators	1	When the learner never shows it
	2	When the learner shows it sporadically
	3	When the learner shows it often
	4	When the learner shows it almost always

Dates of Evaluations	1a		2a		3a	
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AUTONOMY		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW	BE AWARE OF OWN LIMITS		Learner is conscious of own abilities and potential in the specific sports discipline.			
	CREATIVITY		Learner is able to invent new strategies to achieve his/her goal in PAS.			
KNOW HOW			Learner is able to propose/find new rule(s) or modify the rules.			
	FREE-TIME MANAGEMENT		Learner manages to conduct himself/herself in a productive manner in his/her spare time.			
	LEARNING to CONCENTRATE		Learner shows focus and attentiveness in conducting his/her tasks.			
	ACCEPT ERRORS		Learner shows a positive disposition towards criticism coming from the teammates, sports instructors and sports officials.			
			Learner is able to accept advice without taking it too personally.			
	RESPONSIBILITY		Learner demonstrates concern for others and holds him or herself accountability for their actions.			
KNOW TO BE	SELF-ESTEEM		Learner regards himself/herself positively and appreciates their worth.			
	DETERMINATION		Learner shows resolve and persistence in achieving goals and completing proposed tasks.			
			Learner manages to conduct himself/herself free from external pressures and manifests an independence of thought.			
	OVERCOMING CAPACITY		Learner's ability to deal with obstacles and challenging situations one encounters.			
	TO ACHIEVE GOALS		Learner manages to conclude the activity and reach the desirable outcomes for that activity within a finite time by setting deadlines when applicable.			
	LEARN HOW to accept WINNING and LOOSING		Learner is able to congratulate his/her teammate when he/she is winning but also to congratulate his/her opposite team when he/she is losing.			
			Learner is able to accept to loose without blaming his/her teammates.			
			Learner keeps playing even if he/she's losing.			
			Learner doesn't blame the referee if he/she is losing.			
			Learner doesn't boast too much about his/her winning.			
	SELF-CONFIDENCE		Learner demonstrates a sense of self-assurance and assertiveness.			

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AUTONOMY		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW TO BE	POSITIVE ATTITUDE		Learner encourages his/her teammates before, during and after the game whatever happens.			
			Learner manifests a sense of optimism in the task he/she is engaged in and is aware of avoiding negative thinking.			
	OPENNESS		Learner is open-minded to new ideas or opinions on how something has to be done that comes from other players or the instructor during PAS.			
	TRUST		Learner shows confidence in his/her abilities and in the abilities of those participating in the activity.			
			Learner accepts to let someone take decisions for the team to reach a goal.			

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Dates of Evaluations	1a		2a		3a	
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CIVIC and SOCIAL ATTITUDE		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW	HYGIENE HABITS		Learner wears adapted clothes and brings and uses hygienic accessories (eg: towel).			
	KNOWLEDGE of RULES and REGULATION		Learner shows an understanding of the rules and regulations of the sport activity.			
KNOW - HOW	CONSIDERATION		Learner manifests through, concern and thoughtfulness to the needs of others.			
	ACCEPT ERRORS		Learner shows a positive disposition towards criticism coming from the teammates, sports instructors and sports officials.			
			Learner apologizes for his/her mistakes or bad behaviour.			
	OBSERVATION		Learner pays attention to his/her environment: people, location, sounds, others actions.			
	COMMUNICATION		Learner is capable of positively interacting with other teammates as well as sport instructors both verbally and non-verbally.			
	COOPERATION		Learner works with others to reach common goals.			
			Learner is able to interact between other people to achieve common goals.			
	COORDINATION		Learner collaborates with others to work effectively together in a smooth and efficient manner to reach positive results.			
	KEEPING RULES		Learner is able to respect the referee and the others players.			
			Learner accepts and integrates well guidelines, instructions and procedures.			
	MASTERING LINGUISTIC SKILL		Learner knows the main PAS terms and is able to understand the referee comments even if it is not his/her mother language.			
			Learner is capable of expressing him/herself.			
KNOW TO BE	HUMILITY		Learner is humble with his/her performance and doesn't consider himself/herself better than the others.			
	POSITIVE ATTITUDE		Learner encourages his/her teammates before, during and after the game whatever happens.			
			Learner is motivated : smiling, open-minded...etc			
			Learner manifests a sense of optimism in the task he/she is engaged in and is aware of avoiding negative thinking.			
	SELF CONTROL		Learner is able to deal with conflicts using assertivity.			
			Learner is able to be calm and not anxious during the PAS.			
	SERENITY		Learner is able, in a stressful situation, to calm him/herself or to calm his/her teammates.			
	EMPATHY		Learner shows understanding to other feelings and needs' players.			

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CIVIC and SOCIAL ATTITUDE		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW TO BE	FELLOWSHIP		Learner manifests a friendly association with other inmates who share a similar interest.			
	RESPECT		Learner manifests consideration and mindfulness for others.			
			Learner doesn't criticise the decisions or the opinions of the others.			
	SOCIAL RELATIONSHIPS		Learner demonstrates ability to interact meaningfully with one or more individuals.			
	TOLERANCE		Learner is able to accept playing with players that might have not the same skills level.			
			Learner is sympathetic to beliefs or practices differing from or conflicting with his/her own.			
	TRUST		Learner shows confidence in his/her abilities and in the abilities of those participating in the activity.			
			Learner lets someone to take decisions to reach goal.			
	SOCIAL BEHAVIOUR		Learner behaves within socially accepted norms and regulations of the team during the sports activity.			
			Learner is able to respect the rules of society through PAS as: being polite, being on time...			

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CONFLICT MANAGEMENT		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW	KNOWLEDGE of RULES and REGULATION		Learner shows an understanding of rules and regulations of the sport activity.			
			Learner respects the material/equipment.			
KNOW HOW	SELF-CONTROL		Learner has the ability to control him/herself in different pressure situations.			
			Learner is able to deal with conflicts during sport activities, and shows an element of self-discipline and restraint.			
			Learner is able to deal with conflicts using assertive communication.			
	SOCIAL BEHAVIOUR		Learner behaves within socially accepted norms and regulations of the team during the sports activity.			
			Learner is able to respect the rules of society through PAS as: being polite, being on time...			
	COMMUNICATION		Learner is capable of positively interacting with other learners as well as sport instructors both verbally and non-verbally.			
			Learner is able to listen and stay quiet when the sport instructor is giving instructions.			
			Learner is able to share his/her perceptions of PAS with the instructor or the other learners (I didn't like the activity because...).			
	LEARN HOW TO ACCEPT WINNING and LOOSING		Learner is able to congratulate his/her teammate when he/she is winning but also to congratulate his/her opposite team when he/she is losing.			
			Learner is able to accept to loose without blaming his/her teammates.			
			Learner keeps playing even if he/she's losing.			
			Learner doesn't blame the referee if he/she is losing.			
KNOW TO BE	ACCEPT ERRORS		Learner doesn't boast too much about his/her winning.			
			Learner shows a positive disposition towards criticism coming from the teammates, sports instructors and sports officials.			
			Learner is able to accept advice without taking it too personally.			
	HUMILITY		Learner apologizes for his/her mistakes or bad behaviour.			
			Learner is humble with his/her performance and doesn't consider himself/herself better than the others.			
	RESPONSIBILITY		Learner demonstrates concern for others and holds him or herself accountability for their actions.			
			Learner is able to accept the consequence of his/her actions (e.g. he/she accepts the referee decision without overreacting).			
	EMPATHY		Learner shows understanding to other learners' feelings.			
			Learner is able to have consideration for the others (learners or instructor) while is playing (e.g. if someone get injured).			
	FORGIVENESS		Learner shows compassion and understanding and engages in acts of reconciliation.			

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CONFLICT MANAGEMENT		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW TO BE	OPENNESS		Learner is open-minded to new ideas or opinions on how something has to be done that comes from other learners or the instructor during PAS.			
	RESPECT		Learner doesn't criticize the decisions or the opinions of the others.			
	TOLERANCE		Learner is able to accept playing with other players that might have not the same skills level.			
			Learner shows a fair and permissive attitude toward that differs from his/her own.			
	CONSIDERATION		Learner is responsible for his/her overreactions through the condition of the game (e.g. he/she apologies for anti-athletic behaviour).			

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CREATIVITY		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW	BE AWARE of OWN LIMITS		Learner is conscious of own abilities and potential in the specific sports discipline.			
	KNOWLEDGE of RULES and REGULATION		Learner respects the material/equipment.			
			Learner shows an understanding of the rules and regulations of the sport activity.			
	MASTERING LINGUISTIC KNOWLEDGE		Learner is capable of developing his/her basic vocabulary.			
			Learner knows the main terms of the PAS and is able to understand the referee comments even if it is not his/her mother language.			
	TECHNICAL KNOWLEDGE		Learner has specialized knowledge specific to that particular sport discipline.			
			Learner is able to learn and improve new techniques and put them in practice.			
	BODY AWARENESS		Learner is aware of the sensory information one receives from the movement and forces from one's muscles and senses.			
		Learner knows which parts of his/her body is/are working on while doing PAS.				
KNOW HOW	DECISION MAKING		Learner analyses the various situations one encounters and manages the decision-making process to achieve the most desirable outcome.			
			Learner is able to offer the best motor response in different game situations.			
	AUTONOMY		Learner manages to conduct himself/herself free from external pressures and manifests an independence of thought.			
			Learner is able to do something on his/her own without mentoring (e.g. Warm up).			
			Learner is able to decide to take responsibility for an action that could be by another partner (e.g. Penalty).			
			Learner is able to follow a fixed program alone.			
KNOW TO BE	ASPIRATION		Learner has a clear objective and strives to reach own ambitions.			
			Learner shows a strong desire for high achievement.			
	OVERCOMING CAPACITY		Learner's ability to deal with obstacles and challenging situations one encounters.			

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CRITICAL THINKING		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW	BODY AWARENESS		Learner is aware of the sensory information one receives from the movement and forces from one's muscles and senses.			
			Learner knows which parts of his/her body is/are working on while doing PAS.			
	LEARNING to CONCENTRATE		Learner shows focus and attentiveness in conducting his/her tasks.			
			Learner knows how to achieve or focus on the target.			
KNOW HOW	GRATITUDE		Learner is thankful and shows appreciation for any act of kindness manifested towards them.			
	ORGANIZATIONAL SKILLS		Learner possesses the strategic acumen to develop game plans.			
			Learner is able to create and execute organization and strategy tools and transfer it to others.			
	SELF-CONTROL		Learner is able to deal with conflicts during sport activities, and shows an element of self-discipline and restraint.			
			Learner is able to deal with conflicts using assertive communication.			
			Learner is able to be calm and not anxious during the PAS.			
	CONTROL STRESS		Learner has the ability to control himself/herself in different pressure situations.			
	OBSERVATION		Learner pays attention to his/her environment: people, location, sounds, others actions.			
			Learner is able to look with attention and examines closely something/someone.			
	KNOW TO BE	TO ACCEPT ERRORS		Learner shows a positive disposition towards criticism coming from the teammates, sports instructors and sports officials.		
			Learner is able to accept advice without taking it too personally.			
			Learner is able to change his/her attitude in regards of advice or criticism.			
			Learner apologizes for his/her mistakes or bad behaviour.			
LEARN HOW TO ACCEPT WINNING and LOOSING			Learner manifests the spirit of sportspersonship.			
			Learner is able to congratulate his/her teammate when he/she is winning but also to congratulate his/her opposite team when he/she is losing.			
			Learner is able to accept to loose without blaming his/her teammates.			
			Learner keeps playing even if he/she's losing.			
			Learner doesn't blame the referee if he/she is losing.			
			Learner doesn't boast too much about his/her winning.			

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CRITICAL THINKING		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW TO BE	RESPONSIBILITY		Learner demonstrates concern for others and holds him or herself accountability for their actions.			
			Learner is able to accept the consequence of his/her actions (e.g. he/she accepts the referee decision without overreacting).			
			Learner is willing to accept responsibilities and complete with them (e.g. is responsible to pick up the balls).			
	SELF-CONFIDENCE		Learner shows sureness in decision making process.			
			Learner demonstrates a sense of self-assurance and assertiveness.			
	SELF-ESTEEM		Learner regards himself/herself positively and appreciates their worth.			
			Learner shows his/her feelings to someone through PAS with assertivity.			
	COMMITMENT		Learner exhibits consistency and dedication in order to reach one's goals as well as the team's goals.			
	EMPATHY		Learner shows understanding to other learners' feelings.			
			Learner is able to have consideration for the others (learners or instructor) while is playing (e.g. if someone get injured).			
			Learner encourages and helps the weak ones.			
	FORGIVENESS		Learner shows compassion and understanding and engages in acts of reconciliation.			
			Learner doesn't blame anyone for their mistakes or behaviour.			
	OPENNESS		Learner is open-minded to new ideas or opinions on how something has to be done that comes from other learners or the instructor during PAS.			
	RESPECT		Learner manifests consideration and mindfulness for others.			
			Learner doesn't criticize the decisions or the opinions of the others.			
	LEARNING to COMPETE		Learner shows a positive disposition to learn how to participate and interact with both his/her teammate and opponents in a competitive event.			
			Learner is able to offer his/her best performance given a game situation.			

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FLEXIBILITY		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW	BE AWARE OF OWN LIMITS		Learner is conscious of own abilities and potential in the specific sports discipline.			
KNOW HOW	CREATIVITY		Learner is able to invent new strategies to achieve his/her goal in PAS.			
			Learner manifests innovation and design through a process of imagination and inventiveness.			
			Learner is able to develop his/her own leadership style and techniques as a leader.			
			Learner is able to propose/find new rule(s) or modify the rules.			
	OVERCOMING CAPACITY		Learner's ability to deal with obstacles and challenging situations one encounters.			
KNOW TO BE	CONTROL STRESS		Learner has the ability to control himself/herself in different pressure situations.			
	LEARN HOW TO ACCEPT WINNING and LOOSING		Learner manifests the spirit of sportspersonship.			
			Learner is able to congratulate his/her teammate when he/she is winning but also to congratulate his/her opposite team when he/she is losing.			
			Learner is able to accept to lose without blaming his/her teammates.			
			Learner keeps playing even if he/she's losing.			
			Learner doesn't blame the referee if he/she is losing.			
			Learner doesn't boast too much about his/her winning.			
	ASPIRATION		Learner has a clear objective and strives to reach own ambitions.			
			Learner shows a strong desire for high achievement.			
	LEARNING to CONCENTRATE		Learner shows focus and attentiveness in conducting his/her tasks.			
			Learner knows how to achieve or focus on the target.			
	ACCEPT ERRORS		Learner shows a positive disposition towards criticism coming from the teammates, sports instructors and sports officials.			
			Learner is able to accept advice without taking it too personally.			
			Learner is able to change his/her attitude in regards of advice or criticism.			
			Learner apologizes for his/her mistakes or bad behaviour.			

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FLEXIBILITY		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment

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INTERCULTURAL COMMUNICATION		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW	COMMUNICATION		Learner is capable of positively interacting with other learners as well as sport instructors both verbally and non-verbally.			
			Learner is able to listen and stay quiet when the sport instructor is giving instructions.			
			Learner is able to share his/her perceptions of PAS with the instructor or the other learners (I didn't like the activity because...).			
			Learner knows how to communicate in a proper way with other learners including verbal and non-verbal communication.			
	SOCIAL BEHAVIOUR		Learner behaves within socially accepted norms and regulations of the team during the sports activity.			
			Learner is able to respect the rules of society through PAS as: being polite, being on time...			
	SOCIAL RELATIONSHIPS		Learner demonstrates ability to interact meaningfully with one or more individuals.			
			Learner motivates the others in taking part of the PAS.			
			Learner is able to give advice to the other learners if he/she has some knowledge, experience or capacity.			
	TEAMWORK		Learner is able to support others in team leadership.			
KNOW HOW	MASTERING LINGUISTIC KNOWLEDGE		Learner is capable of developing his/her basic vocabulary.			
			Learner knows the main terms of the PAS and is able to understand the referee comments even if it is not his/her mother language.			
	LEARN HOW TO ACCEPT WINNING and LOOSING		Learner manifests the spirit of sportspersonship.			
			Learner is able to congratulate teammates when he/she is winning but also to congratulate his/her opposite team when he/she is losing.			
			Learner is able to accept to loose without blaming his/her teammates.			
			Learner keeps playing even if he/she's losing.			
			Learner doesn't blame the referee if he/she is losing.			
			Learner doesn't boast too much about his/her winning.			
	TEAMWORK		Learner participates in a combined action of the group in an effective and efficient manner to produce results and achieve goals.			
KNOW TO BE	POSITIVE ATTITUDE		Learner encourages his/her teammates before, during and after the game whatever happens.			
			Learner is motivated : smiling, open-minded...etc			
			Learner manifests a sense of optimism in the task he/she is engaged in and is aware of avoiding negative thinking.			
	EMPATHY		Learner shows understanding to other learners' feelings.			
			Learner is able to have consideration for the others (learners or instructor) while is playing (e.g. if someone get injured).			
			Learner encourages and helps the weak ones.			

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INTERCULTURAL COMMUNICATION		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW TO BE	HUMILITY		Learner is humble with his/her performance and doesn't consider himself/herself better than the others.			
			Learner manifests behaviours of modesty and humbleness.			
	TRUST		Learner shows confidence in his/her abilities and in the abilities of those participating in the activity.			
			Learner accepts to let someone take decisions for the team to reach a goal.			
			Learner is able to put his/her own safety into someone else hands.			

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LEADERSHIP		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW	COMMUNICATION		Learner is capable of positively interacting with other players as well as sport instructors both verbally and non-verbally.			
	LEARNING to CONCENTRATE		Learner shows focus and attentiveness in conducting his/her tasks.			
KNOW HOW	LEARNING to COMPETE		Learner shows a positive disposition to learn how to participate and interact with both his/her teammate and opponents in a competitive event.			
	DECISION MAKING		Learner analyses the various situations one encounters and manages the decision-making process to achieve the most desirable outcome.			
	ORGANIZATIONAL SKILLS		Learner is able to create and execute organization and strategy tools and transfer it to others.			
	CREATIVITY		Learner is able to invent new strategies to achieve his/her goal in PAS.			
			Learner is able to propose/find new rule(s) or modify the rules.			
	COORDINATION		Learner collaborates with others to work effectively together in a smooth and efficient manner to reach positive results.			
	SELF-CONFIDENCE		Learner shows sureness in decision making process.			
	CONTROL STRESS		Learner has the ability to control himself/herself in different pressure situations.			
KNOW TO BE	POSITIVE ATTITUDE		Learner encourages his/her teammates before, during and after the game whatever happens.			
			Learner is motivated : smiling, open-minded...etc			
			Learner manifests a sense of optimism in the task he/she is engaged in and is aware of avoiding negative thinking.			
	OVERCOMING CAPACITIES		Learner's ability to deal with obstacles and challenging situations one encounters.			
	DETERMINATION		Learner shows resolve and persistence in achieving goals and completing proposed tasks.			
	SELF-ESTEEM		Learner regards himself/herself positively and appreciates his/her worth.			
	RESPECT		Learner manifests consideration and mindfulness for others.			
			Learner doesn't criticise decisions / opinions of the others.			
	TOLERANCE		Learner shows a fair and permissive attitude toward what differs from his/her own.			
	ASPIRATION		The learner has a clear objective and strives to reach own ambitions.			

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LEADERSHIP		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW TO BE	TEAM SPIRIT		Learner shows appreciation of team work, encourages and inspires others.			
			Learner displays feelings of pride and loyalty towards members of the group sharing feelings to do well, to do their best.			
	ACHIEVE GOALS		Learner manages to conclude the activity and reach the desirable outcomes for that activity within a finite time by setting deadlines when applicable.			
	LEARN HOW TO ACCEPT WINNING AND LOOSING		Learner is able to congratulate his/her teammate when he/she is winning but also to congratulate his/her opposite team when he/she is losing.			
			Learner manifests the spirit of sportspersonship.			
			Learner can accept to loose without blaming his/her teammates.			
			Learner keeps playing even if he/she's losing.			
			Learner doesn't blame the referee if he/she is losing.			
			Learner doesn't boast too much about his/her winning.			

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LEARNING to LEARN		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW	MASTERING LINGUISTIC KNOWLEDGE		Learner is capable of developing his/her basic vocabulary.			
			Learner knows the main terms of the PAS and is able to understand the referee comments even if it is not his/her mother language.			
	TECHNICAL KNOWLEDGE		Learner has specialized knowledge specific to that particular sport discipline.			
			Learner is able to learn and improve new techniques and put them in practice.			
KNOW HOW	BE AWARE OF OWN LIMITS		Learner is conscious of own abilities and potential in the specific sports discipline.			
	CREATIVITY		Learner is able to invent new strategies to achieve his/her goal in PAS.			
			Learner manifests innovation and design through a process of imagination and inventiveness.			
			Learner is able to develop his/her own leadership style and techniques as a leader.			
			Learner is able to propose/find new rule(s) or modify the rules.			
	ORGANIZATIONAL SKILLS		Learner possesses the strategic acumen to develop game plans.			
			Learner is able to create and execute organization and strategy tools and transfer it to others.			
	CONTROL STRESS		Learner has the ability to control himself/herself in different pressure situations.			
KNOW TO BE	DETERMINATION		Learner shows resolve and persistence in achieving goals and completing proposed tasks.			
			Learner shows determination to be a good leader.			
	ACHIEVE GOALS		Learner manages to conclude the activity and reach the desirable outcomes for that activity within a finite time by setting deadlines when applicable.			
			learner shows he/she wants to obtain what he/she has planned.			
	ACCEPT ERRORS		Learner shows a positive disposition towards criticism coming from the teammates, sports instructors and sports officials.			
			Learner is able to accept advice without taking it too personally.			
			Learner is able to change his/her attitude in regards of advice or criticism.			
			Learner apologizes for his/her mistakes or bad behaviour.			
	LEARNING to CONCENTRATE		Learner shows focus and attentiveness in conducting his/her tasks.			
			Learner knows how to achieve or focus on the target.			

Possible responses to the indicators	1	When the learner never shows it
	2	When the learner shows it sporadically
	3	When the learner shows it often
	4	When the learner shows it almost always

LEARNING to LEARN		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW TO BE	SELF-CONFIDENCE		Learner shows sureness in decision making process.			
			Learner demonstrates a sense of self-assurance and assertiveness.			
	COMMITMENT		Learner exhibits consistency and dedication in order to reach one's goals as well as the team's goals.			
	OPENNESS		Learner is open-minded to new ideas or opinions on how something has to be done that comes from other learners or the instructor during PAS.			
	RESPONSIBILITY		Learner demonstrates concern for others and holds him or herself accountability for their actions.			
			Learner is able to accept the consequence of his/her actions (e.g. he/she accepts the referee decision without overreacting).			
			Learner is willing to accept responsibilities and complete with them (e.g. is responsible to pick up the balls).			

SPORT ACTIVITY					
SPORT SUPERVISOR					
LEARNER & ID NUMBER					
GENDER	Male		Female		Minor
	CENTRE				
	Registration number				

Possible responses to the indicators	1	When the learner never shows it
	2	When the learner shows it sporadically
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	4	When the learner shows it almost always

Dates of Evaluations	1a		2a		3a	
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MANAGING DIVERSITY		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW	SELF-CONTROL		Learner is able to deal with conflicts during sport activities, and shows an element of self-discipline and restraint.			
			Learner is able to deal with conflicts using assertive communication.			
			Learner is able to be calm and not anxious during the PAS.			
	SOCIAL BEHAVIOUR		Learner behaves within socially accepted norms and regulations of the team during the sports activity.			
			Learner is able to respect the rules of society through PAS as: being polite, being on time...			
	LEARN HOW TO ACCEPT WINNING AND LOOSING		Learner is able to congratulate his/her teammate when he/she is winning but also to congratulate his/her opposite team when he/she is losing.			
			Learner manifests the spirit of sportspersonship.			
			Learner can accept to loose without blaming his/her teammates.			
			Learner keeps playing even if he/she's losing.			
			Learner doesn't blame the referee if he/she is losing.			
			Learner doesn't boast too much about his/her winning.			
KNOW HOW	MASTERING LINGUISTIC SKILLS		Learner is capable of developing his/her basic vocabulary.			
			Learner knows the main terms of the PAS and is able to understand the referee comments even if it is not his/her mother language.			
	SOCIAL RELATIONSHIPS		Learner demonstrates ability to interact meaningfully with one or more individuals.			
			Learner motivates the others in taking part of the PAS.			
			Learner is able to give advice to the other learners if he/she has some knowledge, experience or capacity.			
	COMMUNICATION		Learner is capable of positively interacting with other learners as well as sport instructors both verbally and non-verbally.			
			Learner is able to listen and stay quiet when the sport instructor is giving instructions.			
			Learner is able to share his/her perceptions of PAS with the instructor or the other learners (I didn't like the activity because...).			
			Learner knows how to communicate in a proper way with other learners including verbal and non-verbal communication.			
	RESPONSIBILITY		Learner demonstrates concern for others and holds him or herself accountability for their actions.			
			Learner is able to accept the consequence of his/her actions (e.g. he/she accepts the referee decision without overreacting).			
			Learner is willing to accept responsibilities and complete with them (e.g. is responsible to pick up the balls).			

Possible responses to the indicators	1	When the learner never shows it
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MANAGING DIVERSITY		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW TO BE	POSITIVE ATTITUDE		Learner encourages his/her teammates before, during and after the game whatever happens.			
			Learner is motivated : smiling, open-minded...etc			
			Learner manifests a sense of optimism in the task he/she is engaged in and is aware of avoiding negative thinking.			
	CONSIDERATION		Learner manifests through, concern and thoughtfulness to the needs of others.			
			Learner is responsible for his/her overreactions through the condition of the game (e.g. he/she apologies for anti-athletic behaviour).			
	TOLERANCE		Learner is able to accept playing with learners that might have not the same skills level.			
			Learner is sympathetic to beliefs or practices differing from or conflicting with his/her own.			
			Learner shows a fair and permissive attitude toward what differs from his/her own.			
	EMPATHY		Learner shows understanding to other learners' feelings.			
			Learner is able to have consideration for the others (learners or instructor) while is playing (e.g. if someone get injured).			
			Learner encourages and helps the weak ones.			
	RESPECT		Learner manifests consideration and mindfulness for others.			
			Learner doesn't criticize the decisions or the opinions of the others.			
	OPENNESS		Learner is open-minded to new ideas or opinions on how something has to be done that comes from other learners or the instructor during PAS.			
	HUMILITY		Learner is humble with his/her performance and doesn't consider himself/herself better than the others.			
			Learner manifests behaviours of modesty and humbleness.			
	TRUST		Learner shows confidence in his/her abilities and in the abilities of those participating in the activity.			
			Learner accepts to let someone take decisions for the team to reach a goal.			
			Learner is able to put his/her own safety into someone else hands.			
	SERENITY		Learner is able, in a stressful situation, to calm him/herself or to calm his/her teammates.			
			Learner acts in a calm, peaceful and untroubled manner.			
	COHESION		Learner makes efforts to get along with everyone based on team-spirit.			
			Learner shows a sense of solidarity and has an understanding of togetherness.			
	FORGIVENESS		Learner shows compassion and understanding and engages in acts of reconciliation.			
			Learner doesn't blame anyone for their mistakes or behaviour.			

SPORT ACTIVITY							
SPORT SUPERVISOR				CENTRE			
LEARNER & ID NUMBER					Registration number		
GENDER	Male		Female		Minor		

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	2	When the learner shows it sporadically
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Dates of Evaluations	1a		2a		3a	
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MENTORING		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW	KNOWLEDGE OF RULES AND REGULATION		Learner shows an understanding of the rules and regulations of the sport activity.			
	CONTROL STRESS		Learner has the ability to control himself/herself in different pressure situations.			
	COMMUNICATION		Learner is capable of positively interacting with other learners as well as sport instructors both verbally and non-verbally.			
KNOW HOW	LEARNING TO CONCENTRATE		Learner shows focus and attentiveness in conducting his/her tasks.			
	LEARNING TO COMPETE		Learner shows a positive disposition to learn how to participate and interact with both his/her teammate and opponents in a competitive event.			
KNOW TO BE	ASPIRATION		Learner has a clear objective and strives to reach own ambitions.			
	RESPONSIBILITY		Learner demonstrates concern for others and holds him or herself accountability for their actions.			

SPORT ACTIVITY					
SPORT SUPERVISOR			CENTRE		
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Dates of Evaluations	1a		2a		3a	
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PLANNING RESOURCE MANAGEMENT		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW	KEEPING RULES		Learner is able to respect the rules of the game, the referee and the others players.			
			Learner accepts and integrates well guidelines, instructions and procedures.			
			Learner accepts game' rules without trying to change them, or cheating.			
			Learner shows fairplay.			
KNOW HOW	FREE-TIME MANAGEMENT		Learner manages to conduct himself/herself in a productive manner in his/her spare time.			
			Learner also refrains from engaging himself/herself in behaviour resulting in disciplinary measures.			
			Learner uses his/her free time to improve his/her sport skills.			
	ORGANIZATIONAL SKILLS		Learner possesses the strategic acumen to develop game plans.			
			Learner is able to create and execute organization and strategy tools and transfer it to others.			
	COORDINATION		Learner is able to interact between other people to achieve common goals.			
			Learner collaborates with others to work effectively together in a smooth and efficient manner to reach positive results.			
			Learner is able to work on team tactics.			
	ACHIEVE GOALS		Learner manages to conclude the activity and reach the desirable outcomes for that activity within a finite time by setting deadlines when applicable.			
			Learner shows he/she wants to obtain what he/she has planned.			
KNOW TO BE	COOPERATION		Learner works with others to reach common goals.			
			Learner offers ideas to resolve difficulties.			
	POSITIVE ATTITUDE		Learner encourages his/her teammates before, during and after the game whatever happens.			
			Learner is motivated : smiling, open-minded...etc			
			Learner manifests a sense of optimism in the task he/she is engaged in and is aware of avoiding negative thinking.			

SPORT ACTIVITY					
SPORT SUPERVISOR					
LEARNER & ID NUMBER		CENTRE			
GENDER		Registration number			
Male		Female		Minor	

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	2	When the learner shows it sporadically
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Dates of Evaluations	1a		2a		3a	
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PROBLEM SOLVING		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW	KNOWLEDGE OF RULES AND REGULATION		Learner aware of rules and regulations of the sport activity is able to transfer these skills to specific situation.			
KNOW HOW	CREATIVITY		Learner is able to invent new strategies to achieve his/her goal in PAS.			
			Learner is able to develop his/her own leadership style and techniques as a leader.			
	POSITIVE ATTITUDE		Learner offers ideas to resolve difficulties.			
KNOW TO BE	TECHNICAL SKILLS		Learner has specialised knowledge specific to that particular sport discipline.			
			Learner is able to learn and improve new techniques and put them in practice.			
	ACCEPT ERRORS		Learner shows a positive disposition towards criticism coming from the teammates, sports instructors and sports officials.			
			Learner is able to change his/her attitude in regards of advice or criticism.			

SPORT ACTIVITY				
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			Minor	

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Dates of Evaluations	1a		2a		3a	
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SELF-REFLECTION		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW	OBSERVATION		Learner pays attention to his/her environment: people, location, sounds, others actions.			
			Learner is able to look with attention and examines closely something/someone.			
KNOW HOW	BE AWARE OF OWN LIMITS		Learner is conscious of own abilities and potential in the specific sports discipline.			
	DECISION MAKING		Learner analyses the various situations one encounters and manages the decision-making process to achieve the most desirable outcome.			
			Learner is able to offer the best motor response in different game situations.			
	CONTROL STRESS		Learner has the ability to control himself/herself in different pressure situations.			
	CONSIDERATION		Learner manifests through, concern and thoughtfulness to the needs of others.			
			Learner is responsible for his/her overreactions through the condition of the game (e.g. he/she apologies for anti-athletic behaviour).			
KNOW TO BE	POSITIVE ATTITUDE		Learner encourages his/her teammates before, during and after the game whatever happens.			
			Learner is motivated : smiling, open-minded...etc			
			Learner manifests a sense of optimism in the task he/she is engaged in and is aware of avoiding negative thinking.			
	SERENITY		Learner is able, in a stressful situation, to calm him/herself or to calm his/her teammates.			
			Learner acts in a calm, peaceful and untroubled manner.			
	FORGIVENESS		Learner shows compassion and understanding and engages in acts of reconciliation.			
			Learner doesn't blame anyone for their mistakes or behaviour.			
	HUMILITY		Learner is humble with his/her performance and doesn't consider himself/herself better than the others.			
			Learner manifests behaviours of modesty and humbleness.			
	EMPATHY		Learner shows understanding to other learners' feelings.			
			Learner is able to have consideration for the others (learners or instructor) while is playing (e.g. if someone get injured).			
			Learner encourages and helps the weak ones.			

Possible responses to the indicators	1	When the learner never shows it
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	4	When the learner shows it almost always

SELF-REFLECTION		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW TO BE	ACCEPT ERRORS		Learner shows a positive disposition towards criticism coming from the teammates, sports instructors and sports officials.			
			Learner is able to accept advice without taking it too personally.			
			Learner is able to change his/her attitude in regards of advice or criticism.			
			Learner apologizes for his/her mistakes or bad behaviour.			

SPORT ACTIVITY					
SPORT SUPERVISOR			CENTRE		
LEARNER & ID NUMBER				Registration number	
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Dates of Evaluations	1a		2a		3a	
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TAKE RESPONSIBILITY		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW	HYGIENE HABITS		Learner wears adapted clothes and brings and uses hygienic accessories (e.g. towel).			
			Learner focuses on self-presentation, taking care of one's general cleanliness (e.g. shower).			
KNOW HOW	LEARNING to COMPETE		Learner shows a positive disposition to learn how to participate and interact with both his/her teammate and opponents in a competitive event.			
	ACCEPT ERRORS		Learner shows a positive disposition towards criticism coming from the teammates, sports instructors and sports officials.			
			Learner is able to change his/her attitude in regards of advice or criticism.			
			Learner apologizes for his/her mistakes or bad behaviour.			
KNOW TO BE	LEARN HOW TO ACCEPT WINNING AND LOOSING		Learner is able to accept to loose without blaming his/her teammates.			
			Learner keeps playing even if he/she's loosing.			
			Learner doesn't blame the referee if he/she is loosing.			
			Learner doesn't boast too much about his/her winning.			
	SELF CONTROL		Learner is able to deal with conflicts using assertive communication.			
			Learner is able to deal with conflicts during sport activities, and shows an element of self-discipline and restraint.			
	RESPECT		Learner demonstrates concern for others and holds him or herself accountability for their actions.			
			Learner is able to accept the consequence of his/her actions (e.g. he/she accepts the referee decision without overreacting).			
	SOCIAL BEHAVIOUR		Learner behaves within socially accepted norms and regulations of the team during the sports activity.			
	KEEPING RULES and REGULATION		Learner accepts and integrates well guidelines, instructions and procedures.			
	FORGIVENESS		Learner shows compassion and understanding and engages in acts of reconciliation.			
	COMMITMENT		Learner exhibits consistency and dedication in order to reach one's goals as well as the team's goals.			
TRUST		Learner shows confidence in his/her abilities and in the abilities of those participating in the activity.				

SPORT ACTIVITY					
SPORT SUPERVISOR			CENTRE		
LEARNER & ID NUMBER				Registration number	
GENDER	Male		Female		Minor

Possible responses to the indicators	1	When the learner never shows it
	2	When the learner shows it sporadically
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Dates of Evaluations	1a		2a		3a	
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TEAM WORKING		Agreement Tutor/Learner	Indicators	1st assessment	2nd assessment	3rd assessment
KNOW	KEEPING RULES		Learner is able to respect the rules of the game, the referee and the others players.			
			Learner accepts and integrates well guidelines, instructions and procedures.			
KNOW HOW	SOCIAL RELATIONSHIPS		Learner demonstrates ability to interact meaningfully with one or more individuals.			
			Learner is able to give advice to the other learners if he/she has some knowledge, experience or capacity.			
	ORGANIZATIONAL SKILLS		Learner is able to create and execute organization and strategy tools and transfer it to others.			
	COMMUNICATION		Learner is capable of positively interacting with other learners as well as sport instructors both verbally and non-verbally.			
		Learner is able to share his/her perceptions of PAS with the instructor or the other learners (I didn't like the activity because...).				
KNOW TO BE	RESPECT		Learner manifests consideration and mindfulness for others.			
			Learner gives constructive feedback on decisions or opinions of the others.			
	TEAM SPIRIT		Learner shows appreciation of teamwork, encourages and inspires others.			
			Learner shows a sense of solidarity and has an understanding of togetherness.			
	COOPERATION		Learner works with others to reach common goals.			
	TRUST		Learner shows confidence in his/her abilities and in the abilities of those participating in the activity.			
			Learner accepts to let someone take decisions for the team to reach a goal.			
	OPENNESS		Learner is open-minded to new ideas or opinions on how something has to be done that comes from other learners or the instructor during PAS.			
	RESPONSIBILITY		Learner demonstrates concern for others and holds him/herself accountability for their actions.			
			Learner is willing to accept responsibilities and complete with them (e.g. is responsible to pick up the balls).			